



# Example of a Daily Schedule While Schools are Closed



*Download this schedule and edit it to make it fit your family.*

Before 9:00	Good Morning!	Eat breakfast, Make your bed, Get dressed
9:00 – 10:00	Morning Walk	walk the dog, Take a hike, Yoga/Exercise if it's raining
10:00 – 11:00	Learning Time	Teacher suggested activities, Online learning
11:00 – 12:00	Creative Time	Legos & building toys, Drawing, Painting, Crafting, Music, Cooking
12:00 – 12:30	Lunch	
12:30 – 1:00	Chore Time	Help clean, etc.
1:00 – 2:30	Quiet Time	Reading, Puzzles, Nap
2:30 – 4:00	Learning Time	Teacher suggested activities, Online learning
4:00 – 5:00	Afternoon Outside Time	Ride bikes, walk the dog, Play outside
5:00 – 6:00	Dinner	
6:00 –	Family Time	Games, Conversation, Social Time
	TV/Electronics	
	Good Night!	